

Book Review

McMaster Text book of Internal Medicine South Asian Edition by expert authors, Publisher - Medycyna Praktyczna, Kraków, Poland, Pages - 1552 (2022 South Asian Edition: 1728), Price of current edition : 35 USD (2022 South Asian Edition: not yet set),

The *McMaster Textbook of Internal Medicine* has been developed at McMaster University in Hamilton, Canada, the birthplace of problem-based learning (PBL) and evidence-based medicine (EBM) and one of the leading medical schools in the world, in collaboration with the Polish Institute for Evidence Based Medicine in Kraków, Poland.

Covering the essential fields of internal medicine, the textbook is aimed at answering the needs of medical professionals as well as residents and students who seek access to updated, verified medical knowledge useful in everyday practice, in both ambulatory and in-patient settings. It is not intended for subspecialists in the area of their specialty. The reasons for the development of the *McMaster Textbook of Internal Medicine* included an increasing need for on-demand and on-site access to reliable information, growing cost of many resources, and our belief in the ability to meet the needs of medical professionals accurately. In short, the goal is a textbook that is practical, accessible, current, and affordable.

What makes the ***McMaster Textbook of Internal Medicine South Asian Edition*** unique is the combination of expert authors from South East Asian countries, along with its practicality, and accessibility. Also, the Textbook ensures a pragmatic approach employing the GRADE system, which supports physicians in making evidence-based decisions about management and allows for an explicit differentiation between strong and weak recommendations.

The team behind the ***McMaster Textbook of Internal Medicine South Asian Edition*** includes over 500 experienced contributors from North America, Europe as well as India Bangladesh Pakistan and Nepal. By combining the expertise of authors from around the world, the *McMaster Textbook of Internal Medicine* South Asian edition boasts a uniquely broad and versatile approach that enhances the practical value of the book.

The authors of this book have extensive hands-on experience in treating patients around the world. Being remarkably successful in translating this knowledge into practical instructions for other medical professionals, many of them have participated in the development of clinical practice guidelines and consensus statements, which shape the modern medical practice. Many of the authors have been also involved in pioneering research and designed groundbreaking clinical trials that guide today's clinical practice.

As a fully electronic resource, the *McMaster Textbook of Internal Medicine* takes advantage of the digital format to supplement the text with additional materials, such as lectures, talks, reviews, and links to external articles.

What distinguishes the *McMaster Textbook of Internal Medicine* from other textbooks used around the globe is that editions for different regions are developed in close cooperation with local experts and opinion leaders in order to take into account differences in health care systems, epidemiology of diseases, availability of diagnostic and therapeutic methods, etc.

What makes the *McMaster Textbook of Internal Medicine* South Asian edition exceptional:

- Developed according to the principles of evidence based medicine (EBM).
- Available in multiple formats: print, web based, and as an app for mobile devices.
- It highlights regional variations in disease presentations ,management strategies and outcomes in separate box charts below the chapters.
- Gives insight into some tropical infectious diseases, their emerging resistance patterns and management.
- Addition of some new chapters of regional importance like poisoning and envenomation.
- Updated on an ongoing basis.
- Affordable.

The launch in South Asia (both printed and electronic versions) is scheduled for early 2022.

