

"Clinics in Surgery" by Samir S Deolekar, 2nd Edition, 2020, Published by Tree Life Media

## **Book Reviews**

Journal of the Indian Medical Association

(A Division of Kothari Medical), Opposite Wadia Children's Hospital, next to Shanti Bhuvan Lodge, Acharya Donde Marg Parel, Mumbai (East) 400012, Maharashtra, pp 1-358. 20cmx14cmx4 cm, Rs775.00.

Clinics in Surgery, written by Samir S Deolekar is a "well crafted" book. It seems that the author has targeted the UG students. I am convinced that his mission is completely successful. It would recommend it as a ready reckoner for PG trainees too.

The content is wide and covers most topics which are relevant for exam purposes. Though written in a precied structure, it touches the must read areas in a lucid technique. However, the students cannot afford to miss any points out of what has been covered.

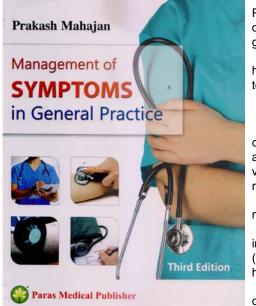
The algorithmic approach is something which I liked most about the book. It is likely to be an instant hit amongst students. As a reviewer I find it extremely easy to recapitulate a topic very fast. I, therefore, feel it can also be very helpful for practising surgeons.

The chapters are written in a focussed way avoiding unnecessary inclusions. The language is quite fluidic. The pictures are relevant . I would have appreciated more if all the pictures were captioned with a one liner attached to describe them.

As a whole I would recommend this book for everyone from trainees to practitioners both as preparatory tool as well as a ready reckoner.

My best wishes to this edition of the book

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"Management of Symptoms in General Practice" by Prakash Mahajan, 3rd Edition, 2018, Published by Paras Medical Publisher, 5-1-475, First Floor, Putlibowli, Hyderabad 500095, Telangana, India, pp 1-517. 24cm x 18cm, Rs525.00.

'Management of symptoms in General Practice' book written by Dr Prakash Mahajan and Published by 'Paras Medical Publisher' have discussed the most and the less frequently dealt problems in day to day general practice.

Major and Minor symptoms which we come across in day-today life have been discussed here very methodically under the heading 'Approach to a symptom'.

Some of the Minor Drawbacks -

The author forgot to discuss a frequently met symptom 'The SYNCOPE'.

He also missed to mention the role of medicines that can cause Vertigo or light headedness like Alphablockers, muscle relaxants, sedatives and anti convulsants, anti depressants etc. The ophthalmological causes of vertigo has not been dealt with Peripheral Neuropathy should have been mentioned as one of the major causes of vertigo also.

While managing 'Hiccup' role of Baclofen should have been mentioned also.

Some other common symptoms like excessive drowsiness, painful intercourse, something coming out per vagina, hirsuitism, small genitalia (hypogonadism) were within the scope of discussion in this book which have been overlooked.

Symptoms like dysuria, nocturia, urinary hesitance and incontinence of urine could have been discussed here also.

To sum up, this book is an excellent companion for an aspiring General or Family physician for guidance and a ready reckoner for a senior experienced physician also.

I will rate this book as 9 out of 10. Thanks to Dr Mahajan.

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