

Book Reviews

1 MONTH TO 36 MONTHS

ATLAS OF NORMAL CHILD DEVELOPMENT

ASIS KUMAR GHOSH



FIRST EDITION

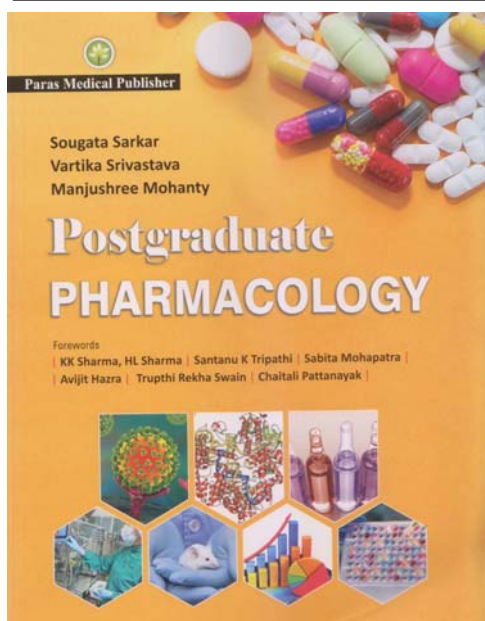
"Atlas of Normal Child Development (1 month to 36 months)" by Dr Asis Kumar Ghosh, 1st Edition, January 2016, Published by Asis Kumar Ghosh, 4E, Dr. Amal Roychowdhury Lane, Kolkata 700009, pp 1-96, Rs.500/-.

DESCRIPTIONS of developmental milestones are available in any Pediatric Textbook and in most, the format is such that it promotes rote learning. What I particularly liked about the Atlas of Normal Child Development is the nuanced way the images have been captured. Readers will know exactly what to look for when they assess development in this most crucial period of 1-36 months. The picture clarity is amazing and most importantly, each developmental milestone is arranged in a holistic, sequential way and not compartmentalised. The snapshot of important milestones at the beginning of each age range will be very useful for medical students who struggle to remember all the milestones in different domains.

For novice and expert alike this book is a worthy pictorial companion to Illingworth textbook of normal development.'

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"Postgraduate Pharmacology" by Sougata Sarkar, Vartika Srivastava, Manjushree Mohanty, 1st Edition, 2020, Published by Paras Medical Publisher, 5-1-475, First Floor, Putlibowli, Hyderabad 500095, Telangana, India, pp 1-634, 21.5cmx28 cm.

THE goal of modern medicine is to provide palliative or permanent relief from diseases. Pharmacology plays an integral part in identification, characterization,

quality control of drugs, its rational use as well as notification of adverse consequences if any. Clinical Pharmacology is indispensable in the avenues of new drug development, new treatment and its proper application in health services. Clinical Pharmacologists provide leadership in therapeutic committees and their decisions influence the prescribing governance in regional, state and national level. Keeping all these aspects in mind, the textbook, 'Postgraduate Pharmacology' authored by Sougata Sarkar, Vartika Srivastava and Manjushree Mohanty has certainly fulfilled all the criteria that a post-graduate trainee in the field of Pharmacotherapeutics should be aware of.

The chapters are well distributed, focused and informative. Various topics like drug development, clinical trials, rational drug therapy, bioinformatics, experimental pharmacology, statistics and analytical essays have been aptly discussed. Much emphasis has been given on recent advances including cancer therapy, targeted drug delivery and newly approved drugs. However, the avenues of general pharmacology like pharmacokinetics and pharmacodynamics have not been included. The pharmacotherapy of diseases as systematic pharmacology too has been partly discussed. The current drug therapy of diseases of all systems should have been highlighted to make this book foolproof for the post-graduate trainee.

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It's all about lifestyle: 6 tips of lifestyle for healthy living

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