

## Letters to the Editor

[ The Editor is not responsible for the views expressed by the correspondents ]

### Practical usage of basal insulin

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Sir, — Basal insulin is a good additional choice in type 2 DM when the glycaemic control is not adequate on oral anti-hyperglycaemic agents in higher doses. Also the basal insulin like glargin has minimum risk of hypoglycaemia due to its unique property. But in practice some time it is seen that very minimum alteration of basal insulin (here glargin) dose cause huge alteration of glycaemic status on patients who are already on oral anti-hyperglycaemic drugs and are not control adequately. I want to know from your study that in above mentioned cases what to do and how the dose of insulin is treated.

Department of General Medicine  
R. G. Kar Medical College and Hospital,  
1, Khudiram Bose Sarani,  
Kolkata 700004

**Prof Jyotirmoy Pal**

### Clinical, haematological and biochemical profiles in acute febrile illnesses with thrombocytopenia

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Sir, — Dengue is well known febrile illness affecting haematological, biochemical parameters. Thrombocytopenia and leucocytopenia are very common findings in Dengue which spontaneously recovers in times if patients survive. But in our Hospital this year we have noticed that there was a biphasic decrement in platelet count i.e. once it starts to increase the count again it falls lastly recovered when patient survived. I want to know from this study that have you seen this type of biphasic platelet count decrement in your study. Or there are some new strain developed this year causing such character.

MD (General Medicine),  
R G. Kar Medical College and Hospital,  
1, Khudiram Bose Sarani, Kolkata 700004

**Pradip Kumar Chowdhury**

## Reply from Author

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### Question :

**A study of serum lipid profile in acute stroke in a tertiary care centre**

Dyslipidemia is a known risk factor for ischemic stroke. ICH is predominantly due to hypertension. I would like to know relationship of lipid profile with respect to different subgroups of ischemic stroke according to TOAST classification from this study conducted by . I would also request for your suggestions regarding cut off level of triglyceride to start prophylactic therapy for prevention of ischemic stroke, from this study particular study as well as global literature.

#### References

Bandyopadhyay M, Jatua SK, Ghosh S et al. A study of serum lipid profile in acute stroke in a tertiary care centre. *Journal of Indian Medical Association* Vol. 115 No. 10 Oct'17 Kolkata

**Dr Subhodeep Gupta**

Postgraduate trainee Medicine, R G Kar medical

### Reply :

Thanks for your response,

In our study, we had detected serum lipid profile among patients with ischemic & haemorrhagic stroke. However we didn't subdivide ischemic stroke cases according to TOAST classification .

Prevalence of risk factors in patients with stroke of different TOAST subtypes

Regarding your second question, follow the National guideline for antilipidemic therapy.

National Practice Guidelines

National Cholesterol Education Program, Adult Treatment Panel III\*

National Institute for Health and Clinical Excellence

Canadian Cardiovascular Society

(American Family Physician, <http://www.aafp.org/afp/2011/0901/>)

Thanks

**Dr M Bandyopadhyay**